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Istinye University Student Literary Magazine, *DUENDE*Editor's Note: Issue 1

"Start writing, no matter what. The water does not flow until the faucet is turned on."

— Louis L'Amour

**

Our purpose is to create a magazine that can appeal to anyone. In order to do that we are coming up with a different theme each month. For Issue 1 we chose "Sir Arthur Conan Doyle and Sherlock Holmes". It will be 133th birthday of Sherlock Holmes and 90 years since Sir Arthur Conan Doyle has passed in 2020. So before we start a new decade we wanted to commemorate one of the greatest crime fiction writers and his timeless characters.

About a month ago we announced the theme and we received great contents! Students from different departments such as Medicine, Pharmacy, Nursery and English Language and Literature shared their works with us. With their help forensics, visual arts and fan theories joined literature this time. You can expect to see lots of various original contents on our monthly magazine. We will always be on Faculty of Arts and Sciences' website, at English Language and Literature section.

If you want to be a part of Istinye University's first student magazine project, *Duende*, you can get in touch with ISU ELITE Board Members and share your works with everyone. We are willing to see your poems, short stories, critiques, book and film reviews, articles, illustrations, interviews and many more creative contents.

Hope you will enjoy.

EDITOR

Zeynep Şevval Taşar

English Language and Literature / 2

Forensic Pharmacy

Forensic Pharmacy is a field of pharmacy that deals with the forensic problems which are encountered in the pharmacy profession and drug treatment. Forensic pharmacists advise physicians and lawyers on forensic problems related to medicine and pharmacy. Forensic pharmacists are forensic experts who can interpret whether the result is related to death or disease by performing drug analyzes in biological tissues and fluids before or after death. They can also have technical and administrative duties in doping analyzes. They are experts and guides who can analyze all poisoning, suspicious deaths and similar forensic problems including errors related to the pharmacy

errors on drugs and prescription.

Forensic Pharmacy which is indicated that it also will be a profession in Turkey in the following years, continues to progress by given "Forensic Pharmacy postgraduate programs" in the United States. Today, forensic pharmacists are involved in all forensic institutions, doping analysis centers, toxicological analysis laboratories, Institutes of Forensic Sciences and criminal research groups, including national intelligence agencies. Forensic Pharmacy, which has just begun to be heard conceptually in our country, is more developed abroad; there has "Forensic Pharmacy postgraduate programs" in the United States and drug offenses (Forensic Pharmacy) courses in India during undergraduate education.

profession, professional legal regulations, counterfeit drugs and prescriptions,

For years Pharmacists have also been advised on drug-related forensic issues. In the current situation, pharmacists are assigned in Hygiene Poison Research Directorate, Safety and Gendarme laboratories, Foundation of Forensic Medicine and Institutes of Forensic Medicine and have been received opinions frequently on analysis of judicial events and doping, monitoring blood drug levels, food poisoning, counterfeit drug production, and similar incidents. On the other hand, they can also serve as an independent doping sample purchasing officer with the purpose of control doping in sports events.

AREAS OF FORENSIC PHARMACY

- -Prescription fraud (falsification of prescriptions, fake prescriptions)
- -Pharmacological euthanasia
- -Analysis of drug addiction and abuse
- -Wrong treatment
- -Drug interactions and unwanted side effects of drugs (drug-drug and drug-nutrient interactions)
- -Drug-related violence (whether the person is under the influence of a drug at the time of the incident),
- -Drug-related accidents
- -Distorted analysis results
- -Revealing patient secrets
- -Consent of the patient regarding drug use (Ethic committees)
- -Poisoning
- -Effects of psychoactive therapy on balance
- -Assessment of individual pain threshold
- -Risk management and assessments



IV

EXAMPLES OF FORENSIC PHARMACY ACTIVITIES

- -Determination of the factor in unwanted reactions of drugs
- -Giving information to the police about drugs
- -To be a technical consultant for drug analysis at the Olympics
- -Doping analysis
- -To witness whether the accused used violence at the time of the murder
- -To ensure consumer safety in food and drug use (packaging tampering, control of expiry date, prevent broken broken pharmaceutical use)
- -To work as a representative, researcher or inspector in national narcotics offices, health institutions or pharmacies
- -Working as a criminalist in security and gendarmerie laboratories
- -To ensure the safety of medicines during storage, storage and transportation
- -Taking part in the provision of pharmaceutical services in prisons
- -To work as a toxicologist in hospitals and laboratories
- -To work as a special expert in national intelligence units
- -To work as a consultant in pharmacotherapy related compensation cases
- -To act as an expert in cases of illicit drug use and sale



Writers: Sena Onuk & Dilara Bahçeci from ISUPA Student Union Pharmacy /3 | Pharmacy / 2

Translation: Sena Nur Karadeniz & Merve Aslan *English Language and Literature /2*

Crime Fiction Glossary

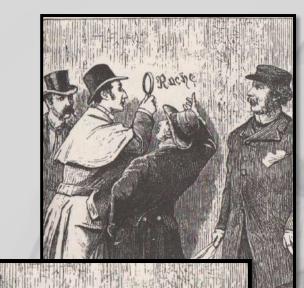
Alibi: Any piece of circumstantial, testimonial evidence or a plot development that directly or accidentally 'proves' a particular person was elsewhere at the time of the crime.

Impossible Crime: This is an *oxymoron* really, since a crime once committed is clearly possible. Yet, it is used to describe an outré crime that, at first glance, seems absolutely impossible.

Unrealiable Narrator: Authors bestow unique powers to this figure—they may distort facts, hide details or manipulate events subtly while maintaining the facade of being an impartial chronicler of all that transpires.

Suspense: A literary device that authors use to keep their readers' interest alive throughout the work.

Dying Message: A particularly favourite trope among mystery authors, this can take different forms: a scrawl on the floor, a bloodied piece of paper with letters/codes, or the direction in which their fingers point.



We see the word 'Rache' as the "dying message" in Sir Arthut Conan Doyle's *A Study in Scarlet*.

Zeynep **Ş**evval Ta**ş**ar *English Language and Literature / 2*

OUTCAST SPIRIT

Always wondered when did y'all start Being my enemy in the serene Eden. Right,

It's easier when you put the blame on Eve Reminding me, I am a born sinner

It's cruel that you keep suffocating me Even was not breathing distinct air than you

When did

My cursed skin, flesh and bones become

My weak spot while

I was bulletproof to all kind of stings

Wonder how long you'd last
If you stand in my shoes
Endure and feel my agony

Is it my soul that you're trying
To ignore?
Or my fragile but sedulous body

Is it my loud silence which keeps talking against you Or my immodest laughter?

Sorry that

My ashamed blood is the cause of your existence

Is it my hair that you're trying

To cover or my mind that could destroy

Your minacious empire

Is it my poisonous words envenom Other's belief or it's just your delusion?

Confession time, tell me
Will I ever be able to fly?
When my wings are chained to your mercy
Will my seeds blossom if your angry clouds disappear?

Begging you

Stop saying me to be safe later sharpen your knife

Deep inside you know, I can alter you then heal

My bizarre heart is so strong even I can love you.

irem Ergişi

English Language and Literature / 2

IT'S A SICKNESS I'M ADDICTED TO

I kick back with my fiends, We sit back and sip on some lean.

When our trance is over, We sell food and make our bread in the stove.

In my daze of haze, I see my lady friend.

She speaks in tongues, I talk back in word salad

She tells me to get a leg up. Just so I can fill my gravy cup.

Making the loot is no fun If I can't share it with anyone.

I can't sleep, when the uzi is staring at me

Instead, my handler feeds me cake, so I don't swallow a 22'

And don't get high on our food I mean, that's the number 1 rule. I don't do it for glory I don't do it for fame I don't do it money And I don't do it just so I can step My crew.

We don't talk politics. We don't talk business. We self-medicate with more Food, booze and cigarettes,

But don't tell our handler, because He knows we're deranged He knows we're insane He knows we're cuckoo in the brain.



Samira was ispired by this painting named "Tha Bachelor Party" by Louis Wain in 1939

Samira Issa Wehelie English Language and Literature / 2

CAMOMILE

A wounded slender body Crying out, Praying for her slayer's pardon

Was not even a querulous one Only wanted to exist on the Villain's meadow

Too late With the tears of the sky, Laments of the bugs Already sank deep in her slushy grave She won't be back, knowing her home The jungle was the one to blame.

> irem Ergişi English Language and Literature / 2

Χ

More Than Sherlock Holmes

"If in 100 years I am only known as the man who invented Sherlock Holmes then I will have considered my life a failure."

-Sir Arthur Conan Doyle-

Allin Con an Doyle.

We all recognize Sir Arthur Conan Doyle by his most famous works which are Sherlock Holmes stories. But did you know that he was more than just Sherlock Holmes's writer? Apparently, Doyle wanted you to. This piece is meant to commemorate him as we enter 2020, 90 years after his passing.

Doyle's family traditions could have forced him to create a career path in arts but he had chosen a medical career instead. In medical school, Dr Waller had trained him and he is more than just his professor. **Dr Waller** is the man who inspired Doyle to create a character like Sherlock Holmes with his observation, logic, deduction and diagnosis skills. In 1881 he got his "Bachelor of Medicine and Master of Surgery" degree. After that, he drew a humorous sketch of himself receiving his diploma, with the caption: "*Licensed to Kill*". During the next years, the young man divided his time between trying to be a good doctor and struggling to become a recognized author. Doyle had served as a volunteer doctor in the Langman Field Hospital at Bloemfontein between March and June 1900.

In March 1886, Conan Doyle started writing the novel which led him to fame. At first, it was named "A Tangled Skein" and the two main characters were called Sheridan Hope and Ormond Sacker. In 1888, "A Tangled Skein" was published in Beeton's Christmas Annual, under the title "A Study in Scarlet" which introduced us to the immortal Sherlock Holmes and Dr Watson. Doyle preferred his next novel "Micah Clark" over "A Study in Scarlet", which though well-received, is by now almost forgotten. Besides these two novels, Conan also had a number of serious historical novels, poems and plays for which he expected to be recognized as a serious author.



Besides this literary success, his medical practice and family life got better by the birth of his daughter Mary, Conan became busier than ever. He went to Portsmouth to specialize in Ophthalmology but the language barrier created some conflicts. After visiting Paris he went back to London. Doyle opened a practice, unfortunately not even a single patient crossed his door. The inactivity gave him much time to think and he decided to continue to his short story series which would include the same characters.

His works also included fantasy and science fiction stories about Professor Challenger and humorous stories about the Napoleonic soldier Brigadier Gerard, as well as plays, romances, poetry, non-fiction and historical novels. One of Doyle's early short stories, "J. Habakuk Jephson's Statement", helped to popularise the mystery of the Mary Celeste, which is an American merchant brigantine discovered adrift and deserted in the Atlantic Ocean. Doyle's best-known work after the Holmes oeuvre, "The Lost World". His historical novels include Sir Nigel and its follow-up "The White Company", set in the Middle Ages. Doyle's stage works include Waterloo, the reminiscences of an English veteran of the Napoleonic Wars, the character of Gregory Brewster being written for Henry Irving; "The House of Temperley", the plot of which reflects his abiding interest in boxing; "The Speckled Band", after the short story "The Adventure of the Speckled Band"; and the 1893 collaboration with J.M. Barrie on the libretto of Jane Annie.

te, he was not

Sir Arthur Conan Doyle's abilities were not limited to writing and his medical career. He was experienced and participated in more than one **sports** type. He played football, as a goalkeeper for Portsmouth Asso ciation Football Club; played 10 first-class cricket matches for the Marylebone Cricket Club; he was elected captain of the Crowborough Beacon Golf Club; entered the English Amateur Billards Championship and he was also an amateur boxer.

Doyle was also a **politician**. He stood for Parliament twice as a Liberal Unionist in 1900 in Edinburgh Central and in 1906 in the Hawick Burghs, but even he received a significant voelected. Doyle was appointed a Knight of Grace of

the Order of the Hospital of Saint John of Jerusalem in 1903. He supported the campaign for the reform of the Congo Free State, led by the journalist E. D. Morel and diplomat Roger Casement.

On 9 October 1904, *Chicago Daily Tribune* wrote that Sir Arthur Conan Doyle was tired of his own character, the detective, but that was not what happened. Doyle kept writing his stories until 1927, three years before his death. Only a year later this news, in 1905, *The Return Of Sherlock Holmes* was published. Following The Return of Sherlock Holmes, in 1915 *The Valley of Fear*, in 1917 *His Last Bow* and as last, in 1927, *The Casebook of Sherlock Holmes* was gifted to literature.



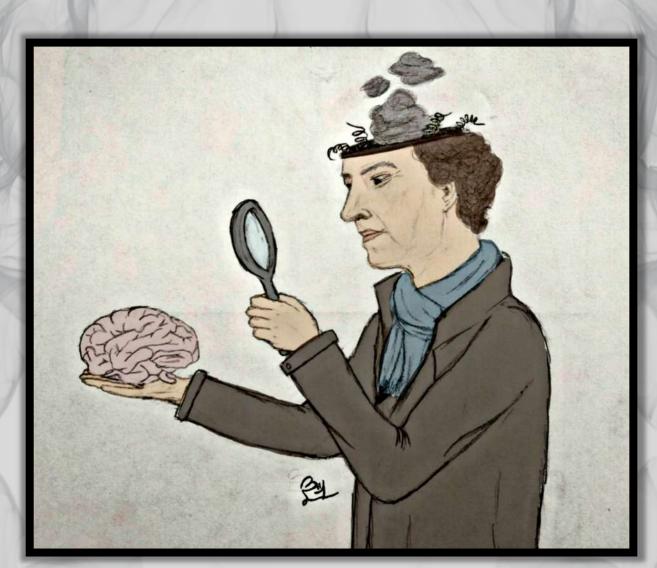
To summarize, it is clear as day that Sir Arthur Conan Doyle was an all-rounder. Being an author was not his only profession. He was experienced in various branches. His wish was not to be remembered only as of "the inventor of Sherlock Holmes" but, Sherlock Holmes is both a classic and popular culture figure. He is an iconic character and there is no other literary work or character that can top those works' and character's fame and overshadow them. Not even Doyle's own works. Sherlock Holmes is a timeless classic.

And for last, I want to add a quote from BBC's Sherlock in honour of these iconic characters Sir Arthur Conan Doyle gave us:

"I know who you really are - a junkie who solves crimes to get high, and the doctor who never came home from the war. Will you listen to me? Who you really are, it doesn't matter. It's all about the legend, the stories, the adventures."

-Mary Watson in *The Final Problem*

Zeynep **Ş**evval Taşar English Language and Literature / 2



Sherlock Holmes Illustration, drawn by Beyza Gül, Nursery / 1

"I am a brain, my dear Watson, and the rest of me is a mere appentage." -Sherlock Holmes-

1 TO 11

"I can only assure you -my Queen- that I will pledge my life, and honour to your life and our kingdom."

1. a4 e5

My mate, the black pawn, drew his sword. He walked amongst our white enemies inch by inch as he intimidated the death. After a while, our glorious Queen came up to the battlefield. She was admirable as always. She walked through the diagonal side while her cape was flowing coquettishly. The wind was trying to kiss her rosy cheeks, how could it conquer her irresistibility? Her dignity, her prosperity, her adorable strength, physically and mentally...

While I was watching her black hair dancing with the breeze, a confounded pawn tried to threaten my Queen. How dare he? My Queen took her sword, and then professionally knocked off the enemy soldier next to her in a second. "Check."

Our enemies were alert; they would not fall easily while the Queen sheltered her King. Admittedly, they were alert, but not as much as my Queen. She destroyed the white castle close to her. I could hear my enemies' spasmodic shocks. My only concern was retaliation. Even the thought of it was painful.

After that, another "Check" voice echoed on the battlefield, however this time it was coming from the enemy side. I saw my brother galloping in front of our King, so as to protect him from any possible dreadful attack. Frankly, he managed it.

Then it was my turn to help my Queen, and give the enemies unforgettable memories. I could hear my heart racing, my hoofs shuddering as I galloped through the right side. I threatened the barbaric queen. Then, she came closer to me, she wanted to kill me but my pawn friend protected me. She had to take a step back, then I threatened her again. She acknowledged her hate with a condescending sneer. I was afraid. But then my friend, the bishop, threatened the barbaric woman without sheltering me. I knew the plan. I knew that if the woman would be able to kill me, the inevitable triumph would be achieved by my Queen as she had always dreamed. And I looked at her for second; she was looking at me too, and smiling. I could never expect her love, but I thought through this death, maybe she could remember me.

11. Vxc7 Vxf1 "Checkmate."

Beyza Erdem

Medicine / 1C

THE BOND BETWEEN THE DETECTIVE AND THE DOCTOR

Sherlock Holmes, created by Arthur Conan Doyle, first appeared in 1887 in the novel "A Study in Scarlet" where we meet him as readers for the first time. Furthermore, in the 56 original short stories and four original novels, Holmes has appeared in tens of thousands of books, plays, movies, musicals, radio shows, TV shows, cartoons, and comics all around the world.

The characters, Sherlock Holmes and Doctor John Watson were brought to life by a lot of actors but the most renowned one is the tv series of BBC Sherlock. One reason for this popularity is that Sherlock fans have shipped Sherlock and John in a sexual way. Some have seen their relationship as nothing more than best friends whereas some have seen them as homosexual lovers, as seen between a male Holmes and a female Watson. There is a certain auro or tension between Sherlock and John that exceeds that of business partners, which is evident when their eyes meet. It is obvious that these two men mean a lot to each other, but is it more than comradery or friendship? Are fans delirious or is there something more?



In the Victorian era, a writer could not deliberately create an explicit or even implicit gay couple in public literary work. Yet, homosexual people existed and were involved in romantic relationships. For instance, Arthur Conan Doyle knew Oscar Wilde and his sexual orientation and besides got along with him very well, so that is at least some evidence that Conan Doyle personally was not homophobic regardless or in spite of Victorian standards and ethics.

Holmes and Watson live together for many of the Sherlock Holmes stories. They refer to each other frequently with loving terms, namely "my dear Watson, my dear fellow, my friend and partner, an ideal helpmate (synonym for *spouse*), the best and wisest man and the man whom above all others I revere."

In addition, as an example about their pure connection: getting into how Watson faints when Holmes reveals that he's not dead in *The Empty House*, or the show-stopping breakdown Holmes briefly has when Watson is shot in *The Three Garridebs*. BBC's Sherlock fans, even though Watson marries Mary, everyone continued to ship Sherlock and John. Even today, on Twitter, Instagram and especially on Tumblr there are thousands of fan pages about them. These types of gay supporting pages have been existing since 2011 but they recently grew more active after LGBT movements and several Pride Parades on Pride Months.



But on the other hand, there is a different Sherlock fan community who supports Sherlock and Watson as merely friends and nothing more. According to them, they care deeply about each other as friends, and that there was never anything romantic about their relationship. When Irene Adler first appeared in *A Scandal in Bohemia*, some started to think Sherlock *really* loved her. But if we look at the situation from a grander perspective, we can see that Sherclok was just moved by her personality, her excellence and cleverness. Even when Sherlock shows some sort of emotion, it is mutual respect for Irene Adler, not necessarily "love".



Also, as reported by some resources, Sherlock Holmes was asexual. He was not just uninterested in women, he was uninterested in *romance*. He was the most perfect reasoning and observing machine that the world has seen, but as a lover, he would have placed himself in a false position.

Below are some direct quotes from "The Sign of Four" chapters 11 and 12.

"[...] love is an emotional thing, and whatever is emotional is opposed to that true cold reason which I place above all things. I should never marry myself, lest I bias my judgment."

The Sign of Four, Chapter 12

Aside from this, Watson was heterosexual and indeed married during much of his friendship with Holmes.

"Thank God!" I ejaculated from my very heart.

She looked at me with a quick, questioning smile.

"Why do you say that?" she asked.

"Because you are within my reach again," I said, taking her hand. She did not withdraw it.

"Because I love you, Mary, as truly as ever a man loved a woman. Because this treasure, these riches, sealed my lips. Now that they are gone I can tell you how I love you. That is why I said, 'Thank God'."

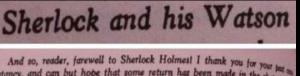
"Then I say 'Thank God', too," she whispered as I drew her to my side.

Whoever had lost a treasure, I knew that night that I had gained one.

-- The Sign of Four, Chapter 11

Eventually, no one can say any certain thing about the relationship/ friendship between Sherlock Holmes and Dr. John Watson. However, in my opinion, as a huge fan of BBC's Sherlock since 2011 and Sherlock Holmes's stories, I have always shipped Sherlock and John. I do not know why or how, but I have always felt like there is a homosexual bond between Sherlock and Dr. Watson.

No matter their sexual orientation, I will always continue to support them. Regardless of people's sexual orientations, people should be treated with respect. But even today, in 2020, we see a lot of homosexual people who are exposed to bullying, hatred, and violence just because they are themselves. We should stop making life harder to live for homosexual people. We can take an example Powerpuff Girls' Intro; just a little bit sugar, a pinch of kindness and a huge amount of respect: a more liveable environment for every human being..



And so, reader, farewell to Sherlock Holmes! I thank you for you bee, stancy, and can but hope that some return has been made in the state of listraction from the worries of life and stimulating change of thought which only be found in the fairy kingdom of romance.

RTHUR CONAN DOT

d leaves. For two hours we rambled about together, in silence for the me befits two men who know each other intimately. It was nearly five to the state of the silence more

ntentness upon his haggard face. "There are the wheels, Watson. Quick, man, ou love mel And don't budge, whatever happens—whatever happens, do you he

Now, Watson, I want you to do something for me."
"I am here to be used, Holmes."

Aisha Kivanc English Language and Literature / 2

